



DEI Resource Library

Articles:

Mental Health:

[Stop Weaponizing Mental Health For Your Anti-Blackness](#) (Article, 2017)

[White Fragility and the Mask of Mental Health](#) (Article, 2019)

Antiracism:

[Confronting racism is not about the needs and feelings of white people](#) Article: The Guardian

Cultures:

[White People Have No Culture](#) (Article)

[How to Decolonize Your Yoga Practice](#) (Article)

[What does it mean to be Decolonize a Museum?](#) (Article, 2019)

[White Entrepreneurs Need to Stop Capitalizing on Black Culture](#) (Article, 2020)

Privilege:

[Unpacking the Invisible Knapsack](#) (Article)

Racism

[Racial Prejudice in the American Education System](#) (Article, 2017)

[18 Examples of Racism In the Criminal Legal System](#) (Article, 2016)

[How Racism & Patriarchy Is Taught At School](#) (Article, 2018)

[Conversation on Racism](#) (YouTube Length 17 minutes)

[How White People Can Hold Each Other Accountable to Stop Institutional Racism](#) (Article)

[Why Performance Activism Isn't Enough For the Change We Need in 2019](#) (Article, 2019)

White Guilt/Savior/Supremacy

[We Need Solidarity, Not White Guilt, to Fight Racism](#) (Article)

[How Can I Cure My White Guilt?](#) (Article)

[The Most Dangerous Person in American is the White Woman](#) (Article, 2018)

Assessments:

Bias:

Harvard Implicit Association Test: <https://implicit.harvard.edu/implicit/takeatest.html> (each test approx. 7 minutes)

Books: (PURCHASE links you to a Black owned bookstore in Connecticut):

Coaching:

"Coaching Across Cultures," by Philippe Rosinski

History of black Diasporic Struggle:

"A History of South Africa," by Leonard Thompson

Books continued: ([PURCHASE](#) links you to a Black owned bookstore in Connecticut)

"An African American and Latinx History of the United States (REVISIONING HISTORY)," by Paul Ortiz
 "Long Walk to Freedom," by Nelson Mandela
 "The Color of Law: A Forgotten History of How Our Government Segregated America," by Richard Rothstein
 "Walking with the Wind," by John Lewis
 "The Mis-education of the Negro," by Carter Woodson

The Intricacies of the Black Condition

"Black Like Me," John Howard Griffin
 "Race for Profit," Keeanga-Yamahtta Taylor
 "The New Jim Crow: Mass Incarceration in the Age of Colorblindness," Michelle Alexander
 "From the War on Poverty to the War on Crime: The Making of Mass Incarceration in America," Elizabeth Hinton
 "Acting White?: Rethinking Race in Post-Racial America," Ibram X. Kendi
 "America's Original Sin: Racism, White Privilege, and the Bridge to a New America," Jim Wallis
 "White Rage: The Unspoken Truth of Our Racial Divide," Carol Anderson
 "The Color of Money: Black Banks and the Racial Wealth Gap," Mehrsa Baradaran
 "Come Hell or High Water: Hurricane Katrina and the Color of Disaster," Michael Eric Dyson
 "Stony the Road: Reconstruction, White Supremacy, and the Rise of Jim Crow," Henry Louis Gates Jr.

Self-reflective texts on racism/ antiracism:

"How to Be an Antiracist," by Ibram X Kendi ([PURCHASE](#))
 "Stamped From the Beginning," by Ibram X Kendi ([PURCHASE](#))
 "Stamped," by Jason Reynolds ([PURCHASE](#))
 "I'm Still Here," by, Austin Channing Brown ([PURCHASE](#))
 "Waking Up White & Finding Myself In the Story of Race," by Debbie Irving ([PURCHASE](#))
 "White Fragility," by Robin DiAngelo ([PURCHASE](#))
 "White Like Me," by Tim Wise
 "The Sum of Us," by Heather McGhee ([PURCHASE](#))
[46 Books Authored by Women of Color](#) (2018 list)

Children Focus Resources:

Books:

[Coretta Scott King Book Award Winners: books for children and young adults](#)
[31 Children's books to support conversations on race, racism and resistance](#)

Podcasts:

[Parenting Forward podcast episode 'Five Pandemic Parenting Lessons with Cindy Wang Brandt'](#)
[Fare of the Free Child podcast](#)
[Integrated Schools podcast episode "Raising White Kids with Jennifer Harvey"](#)



Articles:

[How White Parents Can Talk To Their Kids About Race | NPR](#)

[Teaching Your Child About Black History Month | PBS](#)

[Your Kids Aren't Too Young to Talk About Race: Resource Roundup from Pretty Good](#)

The Conscious Kid: follow them on [Instagram](#) and consider signing up for their [Patreon](#)

DEI Challenges:

[Rachel Cargle's 30-day course](#) for allies

Films and TV series to watch:

13th (Ava DuVernay) — Netflix

American Son (Kenny Leon) — Netflix

Black Power Mixtape: 1967-1975 — Available to rent

Blindspotting (Carlos López Estrada) — Hulu with Cinemax or available to rent

Clemency (Chinonye Chukwu) — Available to rent

Dear White People (Justin Simien) — Netflix

Fruitvale Station (Ryan Coogler) — Available to rent

I Am Not Your Negro (James Baldwin doc) — Available to rent or on Kanopy

If Beale Street Could Talk (Barry Jenkins) — Hulu

Just Mercy (Destin Daniel Cretton) — Available to rent for free in June in the U.S.

King In The Wilderness — HBO

See You Yesterday (Stefon Bristol) — Netflix

Selma (Ava DuVernay) — Available to rent for free in June in the U.S.

The Black Panthers: Vanguard of the Revolution — Available to rent

The Hate U Give (George Tillman Jr.) — Available to rent for free

When They See Us (Ava DuVernay) — Netflix

Glossary of Terms:

<https://haas.berkeley.edu/equity/industry/efl-knowledge-bank/glossary-of-key-terms/>

Podcasts:

[Brené Brown's Podcast on Shame and Accountability](#) as social justice tools (and several others Ibram Kendi, Austin Channing Brown, etc.)

[21 Fierce Black Feminist to Follow On Instagram](#) (2017 list)

[Seeing White](#) (Scene On Radio - 13 one-hour episodes)

[1619 \(New York Times\)](#)

[About Race](#)

[Code Switch \(NPR\)](#)

[Intersectionality Matters! hosted by Kimberlé Crenshaw](#)

[Momentum: A Race Forward Podcast](#)

[Nice White Parents \(Serial and The New York Times\)](#)

[Pod For The Cause \(from The Leadership Conference on Civil & Human Rights\)](#)

[Pod Save the People \(Crooked Media\)](#)



TedTalks/Short Video Clips/YouTube

Allyship:

[5 Tips For Being An Ally](#) YouTube: Chescaleigh (Length: 4 minutes)

Antiracism:

[Anti-racism activist Jane Elliott & Roland Martin 2017 WCTF Conference Keynote Address](#)
(Length: 1 hour 32 minutes)

Cultures:

[White People Have No Culture](#) (Article)

[How to Decolonize Your Yoga Practice](#) (Article)

[The Problem w/ White Beauty Standards | Decoded](#) (YouTube 4 minutes)

[What does it mean to be Decolonize a Museum?](#) (Article, 2019)

[Why we Need to Decolonize the Brooklyn Museum](#) (YouTube, 5 minutes)

[White Entrepreneurs Need to Stop Capitalizing on Black Culture](#) (Article, 2020)

LGBTQ

[Decolonizing Gender:](#) Trans Rights is an Indigenous Issue (presentation)

[Pre-colonial Attitudes to Sex and Gender Fluidity](#) (YouTube Length 6 minutes)

Racism:

[Racism in the US](#) (Length 4 minutes from 2014)

[Racism in the Medical Industry dating back to Slavery](#) (Length 29 minutes from 2016)

[Mass Incarceration: Pathways to Prison](#) (Length 10 minutes from 2017)

[Conversation on Racism](#) (YouTube Length 17 minutes)

[The House We Live In](#) (vimeo - 26 minutes) or [6 minutes](#) (Racism in the Housing Market)

[Dangers of a Single Story](#) TedTalk (18 minutes)

How Racist Are You? - Jane Elliott's Blue Eyes/Brown Eyes Exercise -Updated version with adults <https://youtu.be/Nqv9k3jbtYU> (47 minutes)

[Doll Test](#) (YouTube - 9 minutes)

White Guilt/Savior/Supremacy

[What to avoid Acting like a white savior](#) (Twitter Video 3 minutes, 2017)

Websites:

Antiracism:

[Opportunities for White People in the Fight for Racial Justice](#) (website)

[Antiracist Resources from Brené Brown's Webpage](#)

Black History:

<https://blackfacts.com> (website)

White Guilt/Savior/Supremacy

[NoWhiteSaviors](#) website